

# Resica Falls Field Day Leaders' Guide



BOY SCOUTS  
OF AMERICA®

CRADLE OF LIBERTY COUNCIL

Resica Falls Field Day:

This is a new and exciting event for the Cradle of Liberty Council. We will be introducing a new older Scout activity for Resica Falls, the Cowboy Action Shooting for this event. We also have included some of the traditional Boy Scout activities like lashing, orienteering, Dutch Oven cooking, fishing, and climbing.

Dear Unit Leaders and Scouts:

Welcome to the Cradle of Liberty Council Resica Falls Field Day. The activities planned should provide some new and exciting events that provide learning opportunities. This Leaders' Guide should provide you with all the information needed to have an enjoyable and safe outing. Please review it carefully and share it with your leadership, parents, and youth.

Please Note: Resica Falls Scout Reservation is not in summer camp mode and water will not be in the campsites but it is available at the pump located next to the dining hall. One vehicle will be allowed to haul water from the dining hall to the camp site and will be allowed to park at the site. Units / Crews are suggested to bring some initial water.

If you have any questions concerning the event, please do not hesitate to contact us. The Resica Falls Field Day Committee is willing to assist you.

Thanks and see you there!

Yours in Scouting,

Steven Hutchins

Resica Falls Field Day Chair

(484) 432-3346

Barry Kauffman

Council Activities Chair

(215) 880-5488

## Resica Falls Scout Reservation (weekend camping and activities)

### Advance Preparation

1. Read through this entire Leaders' Guide to make sure you have a full understanding of this event's requirements – and review with your leadership and youth.
2. Be Prepared! Weather is an uncertainty. April in the mountains in Pennsylvania can be cold at night and warm during the day. In anticipation of cold weather, we recommend reading through the Guide to Safe Scouting and get up to speed on select topics such as cold weather dress, cold weather health & safety, and cold weather bedding and campsites.

### Prior to traveling

1. Just prior to packing and traveling, review weather conditions and make adjustments accordingly. Camp tent sites will be assigned, but the standard camp tents will not be set up. Bring your own tents. There are platforms in each site and ground available. We suggest cots, air mattresses or ground pads.
2. Fill out TWO rosters that include the names and contact info for each participant – youth and adult. One will be turned in at registration and one you will keep.
3. Collect and bring individual medical forms for each participant. Only part A and B are needed for this event. Medical forms will stay with the unit for the entirety of the event.
4. Make sure all drivers have directions to get to check-in.

### Arrival

1. Check-in should occur between 4:00pm and 10:00pm on Friday. The staff will greet you at the "White House", at the entrance to camp. When everyone has arrived, an adult leader will go to the "White House". Please bring a copy of your roster. During check-in, campsite assignments will be given and where vehicles need to be parked.

NOTE – Units must have, for each member, Medical, Drug Admin, and Emergency Action Plans. They will remain with the unit and do not get turned into camp staff.

2. Inform the check-in staff of the number in your unit (must match the pre-registered, paid number; if you have more people than you registered you will need to pay their additional fee.

No-shows receive their patch – no refund.

3. Special arrangements for early check-in or check-out should be directed to the Chair of the event. Some units send an advance group to bring initial equipment. This is acceptable. Make sure the check-in staff knows that this is a partial check-in. When the rest of the unit arrives, they need to check-in as a group, and remind the check-in staff that they are the follow-up group. That way we can direct them to their already assigned campsite.

#### Unloading and Camp Set-up

1. At check-in you will be assigned a campsite. The staff will direct you to the unloading area for your site.
2. Once unloaded, all vehicles (except one, see note) will be driven to the designated parking area.
3. There are no programs on Friday evening.
4. Because of the recent snows, the camp water has not been turned on yet. Water will be available near the Dining hall. One vehicle will be allowed to haul water to the camp site and will be allowed to park near the site.
5. There will be a SPL and Adult Leader's Meeting and Cracker Barrel at 9:30pm
6. There will be two Shooting Sports Safety Briefs, in the dining hall. (7:00pm & 8:00pm). If your Scouts want to shoot during the day's activities, they will need to attend one of these briefs. A special orientation, just for Cowboy Action Shooting, will be given on Saturday for the Cowboy Action Shooting Event. **Boy Scouts and Venturers who are over the age of 14, or are 13 and have completed the eighth grade, may participate in this activity. All Scouts are required to have a Cowboy Action Program Participation and Hold Harmless Agreement that is attached at the end of this leaders' guide.**
7. There will be a flag raising and an opening ceremony at 8:30 Saturday morning in the main parade field, near the dining hall. All Units must attend.
8. It is recommended that you carry a small backpack, lunch, energy bars, 2 bottles of water during the program day. We suggest that Units do not return to their campsites for lunch as this will subtract from program time. Program areas will remain open.
9. There will be water at each program site.

#### Check-out

1. Units can begin check-out at 8:30am
2. Pack up the unit's gear and take it to the loading area at the edge of your campsite. Camp sites must be inspected before the unit can pack their vehicles.
3. Have a campsite host inspect your site.

4. Following inspection drivers will return to their vehicles
5. All unit vehicles will be loaded with gear and unit may leave for home.

#### ACTIVITY RULES AND GENERAL INFORMATION

**BEHAVIOR:** We are guests using the facilities provided. We must follow the camp rules, as well as those of the local government. In addition, as Scouts we should always be following our Oath and Law.

**PROHIBITED:** The following are absolutely prohibited by the camp, BSA, and/or local government:

- Wood fires, outside of established fire rings
- The use of any heating device inside of a tent, shelter, kitchen or dining-fly
- Use of skates, skateboards, rollerblades
- Parking anywhere other than areas specifically designated by staff
- No used propane cylinders or used charcoal in dumpsters

**LEADERSHIP:** Each unit must be under the supervision of two competent adults – one of whom is at least 21 years of age and trained in BSA Youth Protection.

**COOKING AND FUELS:** Cooking may be done on propane camp stoves or in fire pit, provided in the campsite. We suggest charcoal be brought for the Iron Chef Event. All fires must be out cold, when not supervised.

**ACCIDENTS:** Fires, accidents, security issues, property damage and injuries (no matter how minor) must be reported to the staff. We have on-site EMS personnel to assist with injuries and transport, if needed, to local hospitals. Please see them for any medical concerns.

**FOOTWEAR / ATTIRE:** Dress for the weather by dressing in layers. If you are unfamiliar with unpredictable weather conditions, you should read the Guide to Safe Scouting. According to the Guide to Safe Scouting, it is the responsibility of the parents, leaders, and Scouts to ensure that all youth are properly dressed for the weather conditions. Participant's health and safety is critical.

TENTING: No portable heaters or flames are permitted in tents. The camp tent platform are available to setup your tent the summer camp tents will not be set up. You can choose to set your tents on the platforms or select an area on the ground you find suitable.

FACILITIES: At the campsites, there are standard outhouses. Water will not be available at the campsites. Water jugs can be filled at the pump located next to the dining hall. All trash must be taken to the dumpster near the "White House".

Weekend SCHEDULE

<b>Friday</b>		
4:00 p.m.	Camp check-in opens	
8:30 p.m.	1st Shooting Sports Safety Brief at dining hall	<b>Required to attend once</b>
9:30 p.m.	Adult Scout Leaders Meeting at dining hall	<b>Required</b>
9:30 p.m.	Senior Patrol Leaders Meeting at dining hall	<b>Required</b>
10:30 p.m.	2nd Shooting Sports Safety Brief at dining hall	<b>Required to attend once</b>
11:00 p.m.	Taps	
<b>Saturday</b>		
6:00 a.m.	Reveille & breakfast	
8:30 a.m.	Flag raising ceremony and troop call out & Opening Ceremony	
9:00 a.m.	Program Areas Open	
	<b>LUNCH ON THE TRAIL</b>	
3:30 p.m.	Report to the dining hall to pick up the "Secret Ingredient for the Iron Chef Event"	
4:30 p.m.	Program Areas Close	
6:00 p.m.	Iron Chef Participants present their dishes for Judging	
6:30 p.m.	Dinner	
9:00 p.m.	Campfire and program	
10:30 p.m.	Taps	
<b>Sunday</b>		
7:00 a.m.	Reveille & Breakfast	
8:30 a.m.	Break camp	
11:00 a.m.	All units should be checked out	

## **Resica Falls Field Day Programs**

The Field Day promises to have new and different events that should excite the Scouts/crew members. If one event backs up, they can move to another and then come back to the one they want later in the day.

### **Station #1 Shooting Sports**

Shooting Sports will include archery, black powder, shotgun, rifle, and Cowboy Action Shooting.

This event will feature the standard shotgun and rifle shooting, but now will include a "Cowboy Action Shooting Event", which has single action revolvers, lever action rifles and 20-gauge coach shotguns. **Boy Scouts and Venturers who are over the age of 14, or are 13 and have completed the eighth grade, may participate in this activity. All Scouts are required to have a Cowboy Action Program Participation and Hold Harmless Agreement that is attached at the end of this leaders' guide.** The cost of the ammunition is a part of the fee.

### **Station #2 Fly Fishing and Fly Tying:**

We have obtained the services of a number of certified fly fisherman and the council has purchased a large number of new fly rods. Scouts will learn the basics of fly fishing in one of the state's best trout waters. We have also invited a local fly tying club to attend and demonstrate fly tying. Prizes will be awarded for largest fish caught and landed (catch and release only). Note: By PA Law, persons 16 and over will require a PA License w/Trout Stamp.

### **Station #3 Mountain Man:**

This event includes axe throwing, action archery (3D targets walking through the woods). OA members will be in Native American costume. There will be a two-man crosscut sawing event and a prize will be awarded for the fastest time.

### **Station #4 Cope and Climbing**

Always a fun event, the camp climbing wall will be opened and a number of instructors available to test the Scouts skill at climbing a tall wall.

### **Station #5 Orienteering**

A local orienteering club has provided maps of established courses that the Scouts will run, while being timed. Prizes will be awarded at the campfire for the team with the fastest time, acquiring all the stamps.

## **Station #6 Iron Chef:**

The Iron Chef Event will be a Dutch Oven cooking event centered around a "secret ingredient". We will provide the "secret ingredient" to each team. The event will run the last 3.5 hours of the day and conclude when the competing troops/crews/patrols provides 2 dishes to the Council Executives for judging. The secret ingredient will need to be included in both dishes (dinner and dessert).

### **IRON CHEF RULES**

The Iron Chef competition will be similar to the Food Network show with a twist. Our "Iron Chef" competition will include cooking in Dutch ovens. Each team must have 2 dishes ready to be present to the judges by 6:00pm a main course and a dessert. Both dishes must incorporate the "Secret Ingredient." The two completed dishes will be presented; the two dishes must be presented on two different plates. Your challenge is to outdo the other teams on preparation, presentation, cooking creativity and taste.

In addition to cooking gear each patrol will be allowed to use:

- 3 vegetables and 1 fruit (could be a mixed fruit)
- 1 meat
- 1 starch
- Seasonings and spices
- Flours / Bisquick
- Sugars
- Cooking oil (vegetable, olive, corn, etc.)
- Serving plates (1 dinner plate and 1 dessert plate)
- Any other ingredient typically taken on a camping trip (at the judges' discretion)
- Garnishes to enhance presentation of dish/dishes are permitted.

You will present your team leader and/or team to the judges at the end of scheduled field activities at the dining hall. The "Secret Ingredient" will be revealed and handed out to all competitors at the same time. Please, follow the approved list of ingredients. Judges have the right to disallow the use of an ingredient if it doesn't meet the general criteria, if in doubt check with the judges.

Competition will start at 3:30 PM, by picking up the secret ingredient and finish at 6:00 PM. You will prepare your presentation plates of food and get it to the judging area no later than 6:05 PM. Plan accordingly, as dishes must be served to judges at a temperature appropriate for eating. Any dish not ready on time may be disqualified from judging. There will be a panel of judges. They will visit each cooking location during the event and talk with the team (Crew / Troop). Each judge can award up to 30 points per entry. The team will be required to tell the judges how they incorporated the "Secret Ingredient" into both of their key dishes.



Scoring will be split as follows:

- 8 - points for taste
- 6 - points for best use of "Secret Ingredient"
- 3 - points for teamwork and member participation
- 3 - points for presentation
- 4 - points for completeness of the meal
- 6 - points for use of Dutch oven(s)

Safety and cleanliness are a must. Keep your prep area clean! Failure to follow proper safety rules or properly clean all cooking utensils, surfaces, pots, and Dutch ovens will result in disqualification.

Remember, this is a fun competition where the demonstration of outdoor cooking skills is the focus. However, scouting spirit and teamwork are important ingredients too. Costuming (i.e. hats, aprons, etc.) and flair may be used by the judges in the event that a tiebreaker is needed.

Top winning teams will receive a prize.

#### CONTACT INFORMATION

Please feel free to ask questions. People with disabilities should make arrangements in advance.

#### General Information &

Event Questions/ Check-in:	Steven Hutchins	484-432-3346
Disability Concerns:	Barry Kauffmann	215-880-5488
Medical Issues during the event:	Bob Pisch	215-783-7648

**Approximate Travel Times**

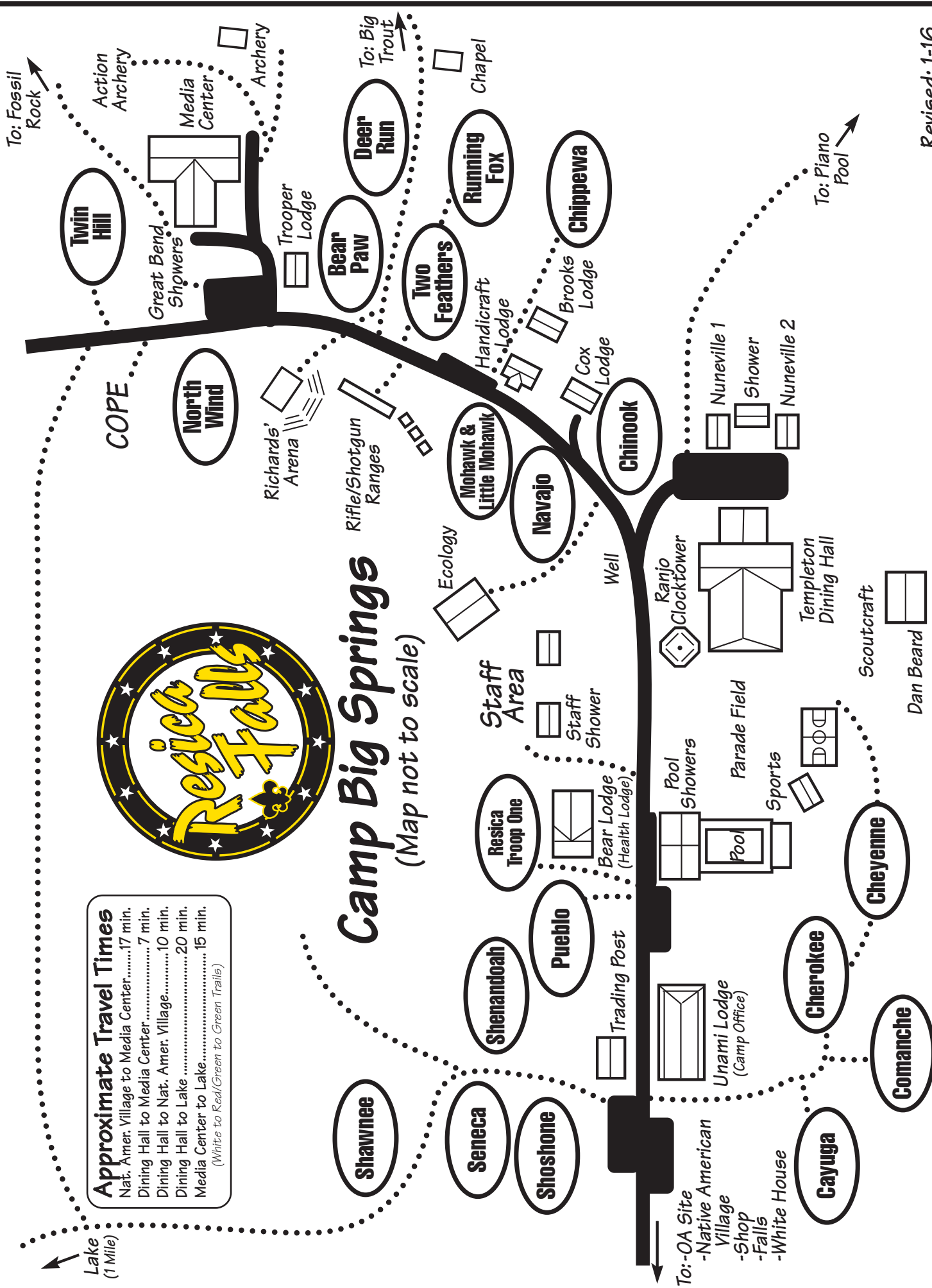
Nat. Amer. Village to Media Center	.....17 min.
Dining Hall to Media Center	..... 7 min.
Dining Hall to Nat. Amer. Village	.....10 min.
Dining Hall to Lake	.....20 min.
Media Center to Lake	..... 15 min.

*(White to Red/Green to Green Trails)*



# Camp Big Springs

(Map not to scale)



# APPENDIX 1

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## RESICA FALLS SCOUT RESERVATION SCOUT COWBOY ACTION SHOOTING PROGRAM PARTICIPATION AND HOLD HARMLESS AGREEMENT

Resica Falls Scout Reservation, Cradle of Liberty Council will be conducting a Scout cowboy action shooting program. In this program, Scouts will shoot a rifle, pistol, and shotgun under the supervision of an NRA Range Safety Officer and NRA certified instructors. Scouts will be required to wear eye protection and hearing protection at all times while on the range. Scouts are expected to abide by all safety rules and the instructions of the Range Safety Officer(s) and rifle, pistol, and shotgun instructor(s).

I, the undersigned, give my child, \_\_\_\_\_, permission to participate in this program. I understand that participation in the activity involves a certain degree of risk. I have carefully considered the risk involved and have given consent for my child to participate in the activity. I understand that participation in the activity is entirely voluntary and requires participants to abide by the rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

**For safety, my child and I agree that he/she will do the following or he/she will be removed from the program.** I understand that any additional cost associated with participation in this program will not be refunded if my child is removed for not following the rules below.

1. Complete a range safety briefing.
2. Wear all safety gear at all times while on the range.
3. Follow all the safety rules provided in the briefing.

4. Follow the instructions of the Range Safety Officer(s) and rifle, pistol, and shotgun instructor(s).

5. Do not handle the firearms until instructed to do so by the instructor(s).

6. Is 14 years of age, or 13 and has completed the eighth grade, as of the start of the class and will be in full compliance with all local, state, and federal guidelines, including age restrictions and original equipment manufacturer standards.

Participant signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian printed name \_\_\_\_\_ Date: \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Email address \_\_\_\_\_