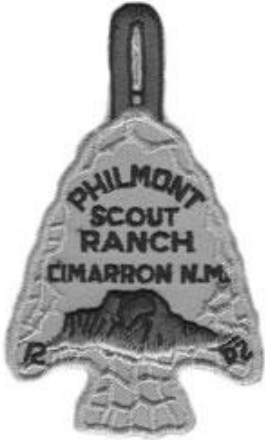


# COL Philmont Troop 1 Crew

Cradle of Liberty Council Contact:

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Philmont Scout Ranch is the Boy Scouts of America's oldest national high-adventure base. It covers 137,000 acres - about 214 square miles - of rugged mountain wilderness in the Sangre de Cristo (Blood of Christ) range of the Rocky Mountains in northern New Mexico.

Thirty-four staffed camps and 55 trail camps are operated by the ranch. Philmont has high mountains dominating rough terrain with elevations ranging from 6,500 to 12,441 feet.

Philmont Scout Ranch provides an unforgettable adventure in sky-high backpacking country along hundreds of miles of rugged, rocky trails. Program features combine the best of the Old West - horseback riding, burro packing, gold panning, chuckwagon dinners, and interpretive history - with exciting challenges for today, such as rock climbing, burro racing, mountain biking, and .30-06 rifle shooting. It's an unbeatable recipe for fast-moving fun and the outdoors!

The Council at Large Crew is an opportunity for Scouts from the Cradle of Liberty Council to experience Philmont, who's Troops do not send Crews with the Council contingent. The Council at Large Crew will camp as an integrated unit, meeting and sharing experiences with other crews from all over America and from other countries. This is an opportunity for adventure, fellowship and understanding unequalled anywhere in America.

## Cradle of Liberty Council Contingent Details

Dates: June xx – July xx, 20xx

Cost: \$xxxx (\$300 non-refundable deposit due with application)

Check the current Philmont Contingent Individual Application for current cost.

Age Requirement: must be 14 years of age OR 13 years of age and completed the 8th grade upon arrival (no exceptions can be made, this is a Philmont policy)

## Troop 1 Crew Details

Maximum of three youth and one adult from any specific unit

Must be an active participant in Troop 1 training efforts as designated by the Lead Advisor (to be assigned by the High Adventure Committee).

Commitment: personal physical training, full contingent training weekend in May 2018, crew training hikes determined by individual crews (be aware of height/weight requirements listed on next page)

Transportation: commercial airline Philadelphia to southwest USA, charter bus to Cimarron, NM

Basic Itinerary: TBD; will include 2 days of tour bus travel through various locations before arrival at Philmont for 10 day backcountry experience

## PHILMONT WEIGHT LIMITS FOR BACKPACKING & HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

Height	Recommended	Allowable Exception	Maximum	Height	Recommended	Allowable Exception	Maximum
60	97 - 138	139-166	166	70	132-188	189-226	226
61	101-143	144-172	172	71	136-194	195-233	233
62	104-148	149-178	178	72	140-199	200-239	239
63	107-152	153-183	183	73	144-205	206-246	246
64	111-157	158-189	189	74	148-210	211-252	252
65	114-162	163-195	195	75	152-216	217-260	260
66	118-167	168-201	201	76	156-222	223-267	267
67	121-172	173-207	207	77	160-228	229-274	274
68	125-178	179-214	214	78	164-234	235-281	281
69	129-185	186-220	220	79 & over	170-240	241-295	295

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont. For example, a person 70 inches tall cannot weigh more than 226 lbs.

For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont physicians will use their best professional judgment in determining participation in a Philmont trek. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height. Philmont will consider up to 20 lbs. over the maximum acceptable as stated on the chart, however, the exception will never exceed 295 lbs. Philmont's phone number is 575-376-2281.

Under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs. This requirement is necessary because of limitations of rescue equipment and or safety of search and rescue personnel. Individuals who do not meet Philmont's weight for height requirements will not be allowed on the trail and will be sent home.

Philmont's camping programs center on backpacking in the backcountry, therefore Camping Headquarters does not offer a "Base Camp" program. Participants who arrive at Philmont and do not meet the above height/weight requirements OR who come off the trail because they cannot physically complete their trek must return home at their own expense.